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Teaching children how to plant seeds not only introduces gardening, but also how essential sustainable food practices are for our world

Your team can create garden kits for youth across the valley, and begin them on their journey towards healthy eating and sustainable gardening. These lessons are vital for our youth, and garden kits can provide a hands on activity that can jumpstart a Junior Gardner's excitement!

Garden Kits Include:

- Egg carton for planting
- Baggies of dirt
- Multiple seeds & envelopes
- Craft sticks to make labels
- Planting instructions to wrap it all up and add a note to your Junior Gardner Á

**Supplement this project by adding a book about gardening*



Prepare Kits With a Group

Contact VSUW to learn more about assembling kits with your team. Supplement this project by adding a book about gardening. Pricing dependent on amount of kits/volunteers.

THANK YOU FOR YOUR SUPPORT

For information and drop off coordination please contact:
Volunteer Engagement at volunteer@vsuw.org or (602) 631-4868