



Valley of the Sun  
**UNITED WAY**

# HEAT RELIEF KITS



## PROVIDE HEAT RELIEF KITS TO SUPPORT RESIDENTS IN THE VALLEY!

Thousands of individuals in Maricopa County experience homelessness on any given day. Many are facing homelessness for the first time, potentially due to job loss, home foreclosure, medical bills, or other circumstances. Others have been homeless for years, either continuously (chronic) or in multiple periods, and often have a disability.

### PREPARE KITS WITH A GROUP:

Donate the following items to create Heat Relief Kits and provide aid to those experiencing homelessness.



#### Needed items:

- ✓ Sunscreen
- ✓ Sunglasses
- ✓ Lip balm
- ✓ Lotion
- ✓ Cooling towels
- ✓ Electrolyte packets

#### Additional items:

- ✓ Socks
- ✓ Hat
- ✓ Reusable water bottle

The kits will be distributed across Maricopa County, ensuring they reach the individuals who need them the most.

3200 E. CAMELBACK ROAD, SUITE 375, PHOENIX, AZ 85018

(602) 631-4800 | [volunteer@vsuw.org](mailto:volunteer@vsuw.org) | [vsuw.org](http://vsuw.org)





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# HYGIENE KITS



## SUPPORT INDIVIDUALS IN THE VALLEY BY CREATING HYGIENE KITS!

Thousands of individuals in Maricopa County experience homelessness on any given day. Many are facing homelessness for the first time, potentially due to job loss, home foreclosure, medical bills, or other circumstances. Others have been homeless for years, either continuously (chronic) or in multiple periods, and often have a disability

### PREPARE KITS WITH A GROUP:

Distribute essential personal care items to individuals experiencing homelessness, helping to improve their overall well-being:

- |                     |                   |                  |
|---------------------|-------------------|------------------|
| ✓ Soap or body wash | ✓ Toothpaste      | ✓ Hand sanitizer |
| ✓ Lip balm          | ✓ Period products | ✓ Washcloth      |
| ✓ Shampoo           | ✓ Lotion          | ✓ Socks          |
| ✓ Conditioner       | ✓ Deodorant       | ✓ Nail clippers  |
| ✓ Toothbrush        | ✓ Comb            |                  |

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