

# Summer Heat Relief Kits

On any given day, more than **9,000 individuals** experience homelessness in Maricopa County.

Many are experiencing homelessness for the first time possibly due to a job loss, home foreclosure, medical bills, or a variety of other circumstances. Other individuals have been homeless for a year or more, or multiple periods (chronic), and have a disability.

Chronically homeless individuals, about 20% of the homeless population, usually have other conditions that prevent them from ending their homelessness permanently such as physical disability, untreated mental health, or substance abuse.

Help those experiencing homelessness by donating the following items to make Heat Relief Kits:

- Socks
- Sunscreen
- Sunglasses
- Lip balm
- Hand sanitizer
- Band-Aids
- Hat
- Reusable water bottle
- Antibiotic ointment
- Toothbrush
- Toothpaste
- Cooling towels
- Period products

These kits will be distributed throughout our community where needed most.

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How you can help drive **Mighty Change** in your community:

## 1. Sponsor and assemble kits with your corporate team!

We can create Mighty Change with your help! Corporations, foundations, groups, and individuals can sponsor a Heat Relief Kit build. Sponsorship covers the cost of items, assembly, and delivery. In addition to sponsorship, your organization can assist in assembly of kits as a volunteer activity. Contact our engagement team for more information ([volunteer@vsuw.org](mailto:volunteer@vsuw.org) or 602.631.4868).

## 2. Host a donation drive!

Corporations, individuals and families can host drives for needed items or donate items or dollars to support the assembly of kits. Please reach out for a current list of most needed items ([volunteer@vsuw.org](mailto:volunteer@vsuw.org) or 602.631.4868).