

## Questions to ask Your Mentor

Your mentor may have a lot of life and work experience, and when you come with clear and specific questions, this will allow for a productive and meaningful conversation. This will also help your mentor to understand your needs and be ready to provide you with valuable insights, input, guidance, and feedback.

### Getting to know your mentor questions:

What are you excited about right now?  
How do you balance work and life?  
How are you staying motivated at work?  
Do you have any goals that you are currently working towards?

### Expectations for the mentor relationship:

Why did you decide to be a mentor?  
What are your goals for the relationship?  
How often do you want to meet?  
What's your preferred method of communication?  
How can I better prepare for our check-ins?

### Professional experience:

Why did you decide to go into this career?  
How did you move into your current job role?  
What were some challenges you faced in your past or current position? How did you handle this situation?  
What skills have been most helpful to you?  
Are there any networking groups you think I should join in the future?  
How did you learn to get over your limiting beliefs in order to reach your goals?

### Specific work situations:

Do you have any advice on how I can have a difficult conversation with my manager?  
If you were me, how would you have approached \_\_\_\_ situation? Provide example.  
Do you think I should accept this new job offer?  
My salary isn't in line with what my co-workers are making. How do I ask for more?

### How you can work on my areas of growth:

What skills would be beneficial for me to work on?  
Where do you think I can improve?  
What could I have done differently in this specific situation that could have turned out better?  
Do you have any recommendations for professional development courses?  
Are there any good books you can suggest that would help me improve my skills?