

# HELP US MAKE A DIFFERENCE

## VALLEY OF THE SUN UNITED WAY IS COLLECTING SNACK PACKS TO ASSIST FAMILIES AND INDIVIDUALS

*Did you know food insecurity is a health, education and financial stability problem? According to statistics from Feeding America, there are 937,300 people struggling with hunger in Arizona, of which 311,390 are children. In fact, one in four children experiences hunger and is unsure of where their next meal is coming from.*



The COVID-19 pandemic is both a health and economic crisis that has intensified existing social issues such as hunger. We will focus our relief efforts on nonprofits and schools to provide support through snack packs. By activating solutions with our donors and volunteers, these will be distributed to schools, summer snack programs, and family resource centers.

You can help create **Snack Pack** by donating non-perishable food items, such as:

- |                            |                         |
|----------------------------|-------------------------|
| Cereal Bars                | Canned Tuna (easy open) |
| Protein Bars               | Apple sauce             |
| Fruit or Vegetable Cups    | Dried Fruit             |
| Peanut Butter Crackers     | Trail Mix or Nuts       |
| Cheese Crackers            | Bottles of water        |
| Canned Chicken (easy open) | Gatorade                |

### THANK YOU FOR YOUR SUPPORT

For information and drop off coordination please contact:  
Volunteer Engagement at [volunteer@vsuw.org](mailto:volunteer@vsuw.org) or (602) 631-4868