

VOLUNTEER OPPORTUNITIES

VIRTUAL ACTIVITIES

SEND THANK YOU NOTES TO TEACHERS

Take a moment to show how much we all support the work teachers are doing for our most vulnerable students. These e-cards will be sent to teachers and resource staff in the communities that Valley of the Sun United Way works closely with.

SEND THANK YOU NOTES TO HEALTH CARE WORKERS, NURSES. DOCTORS. FIRST RESPONDERS

There are so many people who are on the frontlines of the COVID-19. They continue to help keep our community safe and the world running. To honor and celebrate their ongoing sacrifice, let's say *Thank You!*

SEND THANK YOU NOTES TO ESSENTIAL WORKERS

Take a moment to show how much we support the work they are doing for our communities and neighborhoods by writing a note to be shared with grocery store employees, warehouse workers and other essential personnel in our community that Valley of the Sun United Way work closely with, and remind them all how valued and appreciated they are.

SEND THANK YOU NOTES TO CHILD CARE PROVIDERS

Join Valley of the Sun United Way as we rally the entire community to say thank you to the essential workers like childcare providers who have bravely continued on the job so that our essential workers can do theirs knowing their children are safe.

AT HOME ACTIVITIES

LETTERS TO SENIORS

Help brighten someone's day by writing a note, drawing a picture of sending a card and let someone know you are thinking about them.

Cards can be sent to United Way's partners to people experiencing isolation during this time:

- Native American Connections Attn: PJ Jasso
4520 N. Central Ave Ste 600, Phoenix, AZ 85012
- Beatitudes Campus Attn: DiDi Cruz
1610 W Glendale Ave, Phoenix, AZ 85021
- Justa Center Attn: Rudy Soliz
1001 W. Jefferson St., Phoenix, AZ 85007
- The Springs of Scottsdale Attn: Director
3212 N. Miller Rd., Scottsdale, AZ 85251

ENCOURAGEMENT CARDS

Create cards with positive phrases to show that a caring adult believes in each student. These cards are shared throughout schools in the valley.

UPCYCLED DOG TOYS

Create an easy upcycled toy using t-shirts for our communities' furry friends.

SIGHT WORDS

Make flash cards to help a child get a head start on their education.

DONATING HOMEMADE MASKS TO LOCAL NONPROFITS

Local and community nonprofits are in need of masks, you can make with basic materials that you can find at home.

Please send and/or deliver directly to any of the sites listed below:

- United Food Bank: 358 E Javelina Ave, Mesa, AZ 85210
- Florence Crittenton: 715 W Mariposa St, Phx, AZ 85013
- Native American Connections: 4520 N. Central Ave., Phx, AZ 85012
- St Vincent de Paul: 420 W. Watkins Road, Phx, AZ 85003
- A New Leaf: 2245 W. Ella Street, Building A, Mesa 85201
- AZCend Food Bank: 345 S California St, Chandler, AZ 85225
- Arizona Housing, Inc.: Samantha Cheatham,
209 W. Jackson Street, Ste. 466 Phx, AZ 85003

GROW SEEDLINGS FOR ST VINCENT DE PAUL COMMUNITY GARDENS

Learn more about what they need for help with their community gardens.

VOLUNTEER OPPORTUNITIES

SKILLED BASED VOLUNTEER OPTIONS

UPDATE AND DESIGN WEBSITE AZCEND

Is currently looking for a skilled volunteer to help with revamping and designing their website. Some of the current requests with the website are:

- Successfully create, implement and develop new website look.
- Strategically establish site delivery for both donor and program users.
- Instrumental in using our branding, with creative direction and design.
- Manage client's website design from concept to final product.
- Work directly with us to establish project scope, guidelines and project timeline.
- Collaborate on copy write with goals that align with our mission and messaging.

COMMUNITY HEALTH WORKERS NEEDED AT HUMAN SERVICES CAMPUS

The Human Services Campus downtown is in need of Community Health Workers who would be able to do short shifts conducting the COVID-19 assessment and take temperatures of clients.

- This need is open every day each week, and can be any time frame between 7 am and 6 pm.
- If you are interested in signing up to help please email tguerchon@VSUW.org and we will connect you to HSC staff.

SKILLED VOLUNTEER NEED: DATABASE AND DASHBOARD DEVELOPMENT

Arizona Housing Inc. is currently looking for a skilled volunteer to help with developing a database and dashboard for the organization. The skilled volunteer has to be familiar with macros, formulas, and pivot tables. Arizona Housing Inc. is interested in using a secure FTP, and currently utilizes both Yardi and Quickbooks

- If interested, please email volunteer@vsuw.org

VOLUNTEER OPPORTUNITIES IN THE COMMUNITY

Please follow recommended guidelines if you wish to volunteer at an organization in our community. Many agencies are taking precautions to keep volunteers and clients safe during this time.

- **VOLUNTEER WITH VALLEY LEADERSHIP WITH THEIR FARM TO FAMILY EVENTS**
Various shifts available weekly
- **SUPPORT BIG BROTHERS & BIG SISTERS AZ AS A MENTOR**
Mentors needed across the Valley. Currently Virtual options.
- **PARTNER WITH FUTURE FOR KIDS AND DISCOVER YOUR FUTURE MENTORING PROGRAMS**
Various dates and times and locations for in person programs.
- **VIRTUAL GUEST SPEAKERS FOR JAG STUDENTS**
Become a virtual guest speaker and share your career experiences
- **ASSIST CASS WITH ROOM CHECKS AND DISTRIBUTING MEALS**
Assist with room checks for seniors