

___TWO WOLVES___

One Evening an Old Cherokee told his grandson about a debate that goes on inside people. He said, "My son, the battle is between 2 "wolves" inside us all.

One is Evil. IT is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-Pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego.

The other is Good. It is joy, love, peace, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion and faith.

The grandson thought about it for a minute and then asked his grandfather: "Which wolf wins?"

The Grandfather simply replied, "The one you feed."

Author Unknown

