



# VOLUNTEER EXPERIENCES

## WEEKEND HUNGER BACKPACK ASSEMBLY

Assemble hunger backpacks that provide nutritious, low fat meals to students in our community who are experiencing hunger.

- ▲ Participants can be as young as 5 years old
- ▲ 75 volunteers needed per event
- ▲ Sponsorship opportunity - \$5,000

## WEEKEND HUNGER BACKPACK DELIVERIES

Drivers will assist in the delivery of WeekEnd Hunger Backpacks to local schools.

- ▲ Every Friday during the school year
- ▲ 8 a.m. – 9 a.m.
- ▲ Companies or groups can adopt a delivery week
- ▲ Volunteers will need a vehicle and valid license and proof of insurance
- ▲ 10 drivers needed every week (21 years or older)

## PROJECT CONNECT

Join in a one day outreach event that brings human service providers together for individuals and families experiencing homelessness or those on the verge of homelessness by working one-on-one with guests to escort them through the providers on site.

- ▲ Multiple shifts available
- ▲ Volunteers must be at least 18 years old
- ▲ 200+ volunteers needed for each event
- ▲ Sponsorship opportunity - \$10,000

## SCHOOL READINESS KIT ASSEMBLY

Put together kits designed to support parents/caregivers in their role of guiding and teaching their child to enter school ready to learn. Kits are distributed in under-served communities.

- ▲ Various events October – April
- ▲ Participants can be as young as 10 years old
- ▲ 20+ volunteers needed for each assembly
- ▲ Sponsorship opportunity - \$2,500

## SCHOOL READINESS KIT ASSESSMENT CALLS

Be part of the dynamic group that calls School Readiness Kit recipients to obtain data and receive input on how the kit worked for them. This project is ideal for corporations, social groups, and individuals. Calls can be done in an office, at home, or the United Way office.

- ▲ Various events throughout the year
- ▲ Bilingual is a plus
- ▲ Volunteers must be at least 18 years old
- ▲ Volunteers needed varies

## VELLO

This online tutoring program allows students to practice guided reading with the help of volunteers and simple screen sharing with audio. Companies can sponsor a classroom at a local school to provide tutoring and an online reading program to an entire class as well as support 5-6 students in the class with a weekly 1:1 guided reading session.

- ▲ Classroom tutoring throughout the school year
- ▲ 30-minute weekly sessions
- ▲ Volunteers must complete a background check
- ▲ Volunteers must be at least 18 years old
- ▲ Tutor teams of 10-15 volunteers/team needed
- ▲ Sponsorship opportunity - \$3,500

## READ ACROSS AMERICA WEEK

Participants will read to a class from K-3rd grade during the week of March 2nd to celebrate Dr. Seuss' birthday.

- ▲ 1 hour
- ▲ Various local schools
- ▲ Volunteers must be at least 18 years old
- ▲ 5 - 8 volunteers/school
- ▲ Sponsorship opportunity - \$750

## INTERVIEW FAIR DAYS

Facilitate mock interviews and provide feedback to students to improve their interview skills.

- ▲ 2 - 4 fairs during the school year
- ▲ Multiple shift opportunities
- ▲ Volunteers must be at least 21 years old



# VOLUNTEER EXPERIENCES

## BOOK-IN-A-BAG

Bring a book to life by decorating a paper lunch bag with our favorite characters and words of inspiration. Bags will be filled with a child friendly book, reading tips for parents, and more.

- ▲ Any time and any age
- ▲ Good for companies or groups at home

## CATERPILLAR BOOKMARK KIT

Assist in the creation of the Very Hungry Caterpillar bookmark kits for our Book in a Bag project.

- ▲ Any time and any age
- ▲ Good for companies or groups at home

## ENCOURAGEMENT CARDS

Create cards with positive phrases like **“Keep it up”** or **“You rock”** to show that a caring adult knows the child receiving them will succeed. These cards are tucked away into the WeekEnd Hunger Backpacks.

- ▲ Any time and any age
- ▲ Cards should be gender and religious neutral
- ▲ Cards should not reference economic status
- ▲ Good for companies or groups at home

## HYGIENE KIT DRIVE

Collect much needed hygiene items. Your group can also assemble the items in Ziploc bags to be distributed to individuals experiencing homelessness.

- ▲ Any time
- ▲ Collected and distributed year round

## SNACK PACK DRIVE

Collect easy to open and eat items, assemble items in Ziploc bags to be distributed to individuals, schools or community resource centers for those who suffer from food insecurity.

- ▲ Any time and any age
- ▲ Collected and distributed year round

## SCHOOL/TEACHER SUPPLY DRIVE

Schools have a tremendous need for school supplies year round. Teachers go the extra mile and willingly pay out of pocket for classroom materials and supplies. Collect supplies for delivery to lend educators a hand.

- ▲ Any time and any age
- ▲ Collected and distributed year round

## MAKING CHOICES

Participants work in small groups to represent a family who works with monthly expenses and “opportunities.” As a family you must decide how to make ends meet each month, create a budget and look for ways to save money.

- ▲ United Way staff to facilitate
- ▲ Group activity for 3 or more people

## WALK-A-MILE POVERTY SIMULATION

What is life like for a family facing poverty? In this simulation you’ll experience first-hand the real challenges of performing day-to-day tasks to sustain a family facing poverty.

- ▲ United Way staff to facilitate
- ▲ Group activity for 25 or more people

## COMPANY DAY OF ACTION VOLUNTEER EXPERIENCE

Volunteering with Valley of the Sun United Way is a great way to give back while getting involved in addressing some of the most important issues facing our community today. Our Engagement Team will identify and coordinate an opportunity for you and accompany your group to serve as a liaison to ensure your volunteer day is well organized.

- ▲ Once a year on our Day of Action or set up your own Day of Action
- ▲ Various locations across the Valley
- ▲ Activities include school beautifications, community garden installations, and more
- ▲ Sponsorship opportunity - \$25. per employee

602.631.4800 | [information@vsuw.org](mailto:information@vsuw.org)

[vsuw.org](http://vsuw.org)    

UNITE TO BREAK  
THE CYCLE OF POVERTY.



Valley of the Sun  
United Way